



### Details

200g Taste great with Porridge, cereal and yogurt and fruit, or try sprinkling on salad or stirrly

### Additional Information

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| Contents | N/A |
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## Milled Chia Seed (200g)

£6.99

OUT OF STOCK

### Quick Overview

Linwoods Milled Chia Seed has an amazing nutritional offering with Omega 3, Fibre, Calcium, Magnesium and Phosphorus. Milled Chia Seed supports a balanced diet and active lifestyle.